A Reference Guide
to your care at the Duke Cancer Institute

At the Duke Cancer Institute, we treat your whole person, body and mind—not just your cancer. We're here to help you with the visible side-effects of cancer. The Belk Boutique, located on the ground floor of the Duke Cancer Center, offers trendy wigs styled in the latest fashions, chic head wraps, turbans, scarves and hats, cosmetics and other accessories to help enhance a patient's self-image during cancer treatment. The boutique offers private consultation rooms for fitting wigs, prosthetic devices and surgical garments.

dukemedicine.org

Bring this Reference Guide with you!
See page 1.

Karen E. Butler, DCI Communications karen.e.butler@duke.edu

Photos: Jared Lazarus, Duke Photography

Graphic Design: Pam Chastain Design, pamchastaindesign.com
Cover: Cancer survivor Stephen Albright, 21, a student-athlete at the University of North Carolina, poses with medical oncologists Daniel George, MD, and Michael Harrison, MD. Albright, a former safety on the college football team, was diagnosed with testicular cancer as a freshman. After his diagnosis and initial surgery, Albright chose Duke Cancer Institute for his care since his grandfather had in years past been treated for prostate cancer by George.
Welcome to the Duke Cancer Institute
Integrating leading-edge research with world-class care

Thank you for choosing the Duke Cancer Institute (DCI) for your healthcare needs. The DCI is a single entity that effectively integrates and aligns cutting-edge research and world-class education with compassionate clinical care. This means your physicians, some of the most renowned medical specialists in the world, have virtually instant access to innovative scientists who continue the quest to find better treatments and a cure for the challenging set of diseases we call cancer. At Duke, we continue to blaze new trails in cancer care and prevention. The Duke Cancer Institute is a National Cancer Institute-designated Comprehensive Cancer Center, one of only 48 in the nation. The Duke Cancer Center is a state-of-the-art patient care facility consolidating in one convenient location almost all outpatient clinical care services. The facility offers helpful programs and services, including a patient resource center, retail pharmacy, self-image boutique, quiet room, café and outdoor garden. Top quality Duke cancer care is now closer to home than ever before. For added convenience, depending on the type of cancer and treatment needed, patients can elect to seek care at one of our four cancer centers located in Wake County. Locations include Duke Cancer Center Raleigh, Duke Women's Cancer Care Raleigh, Duke Cancer Center Cary, and Duke Cancer Center Cary Radiation Oncology. Expanded services in Durham include Duke Cancer Center North Durham and Duke Surgical Oncology at North Duke Street.

The recipient of more than $250 million annually in research funding, the Duke Cancer Institute focuses on basic, translational, clinical and population research. The Duke Cancer Institute offers advanced technologies and techniques long before most clinical trials become routinely available at other healthcare institutions. This pioneering approach to healthcare helps to ensure our patients receive individually tailored cancer treatment options.

Through the decades and across the globe, patients and their families have benefited from Duke's unwavering commitment to excellence in cancer care, education and research. Thank you for choosing the Duke Cancer Institute for your care. It is our privilege to provide to you and your family cancer care as it should be.

Sincerely,

Michael B. Kastan, M.D., Ph.D.
Executive Director, Duke Cancer Institute

We suggest you bring this reference guide with you to your first visit.

We will review the guide with you to help identify areas of particular interest to you. You may wish to highlight sections and perhaps even jot down some notes. The handy pockets are reserved for the safekeeping of information you may receive from your clinicians. If you received a digital copy of this reference guide prior to your first visit, please be sure to request a printed version from your clinical team at your first visit.
A state-of-the-art facility, leading-edge research and compassionate care — all for you

Improving your experience
Established in 2012, the Duke Cancer Center was designed with input from patients, families and caregivers to ensure you and your loved ones experience a welcoming, supportive and healing environment.

Team-based, disease-specific care
The Duke Cancer Institute brings together the many aspects of your care into one convenient location. A team of physicians, nurses, pharmacists, medical family therapists, social workers, dieticians and others will work together within a multidisciplinary disease-based program to provide you with your care needs.

Registration
Registration is designed to improve flow and effortless navigation of the facility. You will check in with our patient service associates, and will receive a pager, which provides additional privacy and allows for visiting other areas of the building until notified to come to your appointment.

Duke George, MD, greets cancer survivor Stephen Albright and his grandmother, Trudy Hannaway. Several years ago, George treated Albright's grandfather for prostate cancer. Albright, while a freshman at UNC, was successfully treated at Duke for testicular cancer.
Spaces for you and your family

The Duke Cancer Center is open Monday through Friday, from 6 a.m. to 9 p.m. A video introduction to the Duke Cancer Center and video tours of the facility are available at dukemedicine.org/cancertour. To reach the Front Desk, please call 919.613.1908.

Café – Level 0
The Duke Cancer Center Café offers indoor and outdoor seating, a healthy menu featuring fruits and vegetables and, from time-to-time, cooking demonstrations.

Resource Center – Level 0
The Resource Center works with your healthcare team to provide written and online information on specific types of cancer treatments, side effects, coping strategies, family issues, nutrition and more. The center offers educational materials, computer kiosks and a skills lab for patients and their families. Books, periodicals, brochures, magazines and more are available to patients and their families. The Resource Center is open Monday through Friday, from 8 a.m. to 4 p.m. For more information, call 919.684.6955.

Retail Pharmacy – Level 0
The Duke Cancer Center Specialty Pharmacy provides a convenient location for filling prescriptions as well as purchasing over-the-counter medications. Our pharmacy is open Monday through Friday, from 8:30 a.m. to 6 p.m. For more information, call 919.613.2200.

Quiet Room – Level 0
The Quiet Room provides a tranquil space where patients and their families can take time to reflect, relax, meditate or pray. The Quiet Room inspires peace, quiet and spiritual meditation for individuals of all faiths.

Belk Boutique – Level 0
The 1,000-square-foot Belk Boutique offers the latest trends in wigs, hats, caps, scarves, self-image products, post-surgical garments and prosthetics. Private consultation rooms are available. Products and services available to men and women. The boutique is open Monday through Friday, from 9 a.m. to 4 p.m. For more information, call 919.613.1906.

Garden
The beautiful Seese-Thornton Garden of Tranquility offers patients and families an outdoor space for meditative thought and reflection. The garden is located in front of the Duke Cancer Center. Seating is available.

Common Areas
Beginning in the soaring central atrium, the Duke Cancer Center’s common spaces foster a feeling of comfort and relaxation. Clinics offer spacious, comfortable waiting areas featuring large windows and natural light. Host stations can be found in waiting areas where volunteers provide information about patient resources.

NEW!
Charging stations available on every floor.
Resources and support

We are committed to treating you as a whole person, mind and body, not just your cancer. We believe quality comprehensive cancer care involves attending to issues beyond the scope of traditional models of medicine. We understand cancer not only affects you; it also touches the lives of those surrounding you. The care we provide extends to your family and your support network. In fact, most of our cancer support services are provided at no additional charge to you and your loved ones.

Duke Consultation and Referral Center
For more information on services offered at the Duke Cancer Institute, contact the Duke Consultation and Referral Center at 888-275-DUKE (888.275.3853). The referral center is open Monday through Friday, from 8 a.m. to 6 p.m.

Reschedule an appointment
If you need to reschedule an appointment, call the number listed on your appointment letter or email reminder. If this number is not readily available, please call 919.668.6688, Monday through Friday, 8 a.m. to 5 p.m.

Cancer patient support services
The Duke Cancer Patient Support Program (DCPSP) offers services for patients and their loved ones. We help patients understand their options, make decisions, and manage the effects of cancer and its treatment. Services include: individual, couple, and family therapy; support groups; self-image resources; pet therapy; child-life services; recreation therapy; and more. There is no charge to patients and their families. For more information call 919.684.4497 or visit dukehealth.org/cancersupport.

Patient navigation
Patient navigation is a patient-centered intervention that eliminates barriers to timely diagnosis and treatment of cancer and other chronic diseases. Patient navigation has evolved to become a “household” term in most cancer centers and is operationalized differently across institutions. Duke Cancer Institute’s patient navigation is a part of Patient Support Services, targeting vulnerable patients faced with multiple barriers. Patient navigation utilizes a multidisciplinary model and is led by a registered nurse who coordinates care across the continuum from point of entry through survivorship. The navigation model utilizes the expertise of social workers, family therapists, financial care coordinators and registered nurses to deliver comprehensive navigational services. At every point of contact, the patient is assessed for barriers and referred to the appropriate resource. For more information, please call Valarie Worthy, RN, at 919.613.6462.
Chemotherapy education class
Led by a nurse or pharmacist, chemotherapy education classes are held in the Resource Center, Room 0N10 of the Duke Cancer Center. All patients starting chemotherapy should consider attending. No registration is required. Family and friends are welcome. Classes are available daily. For more information, call 919.684.6955.

Clinical social work
Oncology and palliative care social workers help patients and their loved ones cope with the emotional and practical concerns that accompany the diagnosis and treatment of cancer. Our social workers assess individuals and family members to identify and address their specific needs. Social workers establish interventions to help our patients alleviate stressors and the financial burden associated with a cancer diagnosis, as well as connect patients and families to resources such as disability, home health/hospice, advance directives, and end of life care. For assistance in finding the most appropriate social worker, please contact the Patient Resource Center at 919.684.6955.

Child-life services
The diagnosis of cancer impacts every member of the family, including children and teens. Our certified child life specialist strives to help children and teens better understand and cope with serious illness in the family. Education and supportive activities can reduce the stress experienced by children and teens and make it easier for families to talk about the illness experience. To schedule an appointment with our child life specialist, call 919.684.2913.

Clinical trials
Our experts across all specialties participate in national clinical trials and perform the most advanced treatment methods using the latest technology available today. We offer our patients access to clinical trials at the forefront of treatment development, long before they become routinely available. You may be eligible to participate in one of our clinical trials, many of which test new cancer therapies and explore genomics, the study of genes, how they function and their impact on health. To learn more about available clinical trials at the Duke Cancer Institute, visit dukehealth.org.

Quit at Duke
Quit at Duke is a program designed to help people quit using tobacco products. Services are provided by tobacco treatment specialists and behavioral medicine clinicians. A certified tobacco treatment specialist nurse is also available at the Patient Resource Center on Mondays. For more information or to schedule an appointment, please call 919.613.QUIT (7848).

Cancer nutrition
Our registered dietitian/nutritionists specialize in oncology, working collaboratively with you to make sure you’re well-nourished throughout your cancer treatment. Dietitians help to prevent and treat malnutrition, restore digestive health, minimize the side effects of your cancer treatment and work with you in survivorship. For more information, call 919.613.6379.

Genetics counseling
The Hereditary Cancer Clinic offers cancer risk assessment and education to patients with cancer and people with a family history of cancer or other cancer risk factors. For more information or to make an appointment, call 919.684.3181.

Patient resource center
The Patient Resource Center provides information and referral services on early detection and risk reduction, specific cancers, treatments and side effects, research and clinical trials, complementary therapies, coping, nutrition, children’s concerns, and end of life care. A lending library with books, CDs and DVDs, free cancer-related brochures and
magazines, and computers with access to printing and faxing for patient and family use are available Monday through Friday, from 8 a.m. to 4 p.m. The center is located in Room 0N10 next to the atrium on Level 0 of the Cancer Center. For more information, call 919.684.6955.

FREE legal services
Duke Law School’s Health Justice Clinic offers free legal assistance to help you deal with legal issues that may accompany your medical diagnosis and treatment. Volunteer law students from the Cancer Pro Bono Project are also available to help prepare important legal documents, such as healthcare power of attorney, living will, and general power of attorney. Free legal services through the Office of Public Interest and Pro Bono are available to Duke Cancer Center patients on the first and third Fridays of the month, from 10 a.m. to noon and from 1 p.m. to 3 p.m. To schedule an appointment, call 919.613.7169.

Interpreters
Medical interpreters are available and can be requested when scheduling your appointment.

Oncology recreation therapy
This program assists inpatient adults with cancer adjust to illness, treatment and hospitalization. Recreational therapy treatment interventions and general recreational activities and resources are offered. For more information, call 919.681.2928.

Pastoral services
Duke chaplains are on-site seven days a week, 24 hours a day to offer spiritual support to patients and their families. When requested, they connect patients and their families with faith-specific representatives from the community. To learn more, call 919.684.3586.

Physical and occupational therapy services
Duke Health provides a variety of outpatient physical and occupational therapy services, including a Lymphedema Management Program and falls risk assessments. Services also include assessments and treatments for the following conditions: general weakness and deconditioning, chronic pain, changes in cognition, impairment with fine motor dexterity, alterations in vision, incontinence, and sexual health issues. To schedule an appointment or to seek further information regarding our programs, please call 919.684.2445.

Speech pathology and audiology rehabilitation services
We provide rehabilitation services to include a wide range of cognitive-communicative, hearing and swallowing issues related to the effects of cancer treatments. A team of skilled health professionals will work with you to improve difficulties with hearing, swallowing, memory, attention, problem solving, language and more. Our clinicians focus on functional and practical therapy plans with a goal of achieving, for you, the best quality of life possible. To schedule an appointment or to seek further information regarding available programs, call 919.684.3859.

Survivorship support
Our cancer survivorship initiative focuses on the design and delivery of high-quality survivorship care following cancer treatments. We partner with patients and their families to help them achieve healthy, fulfilling lives beyond cancer. Areas of care that are addressed include assessment and management of both physical and emotional long-term and late effects that may result from the cancer experience, cancer screenings, and counseling related to prevention and health promotion. We offer a number of clinical and supportive services. For more information, call 919.681.4707.

Therapy and counseling
Our medical family therapists provide individual, couple and family therapy. We also offer psychiatric and psychological services as part of our treatment for emotional, psychological and relational issues associated with a cancer diagnosis. For additional information, call 919.684.4497.

Volunteer services
The Duke Cancer Patient Support Program offers volunteers trained to work with you and your
family members. They provide conversation and companionship. Our volunteers guide patients to locations and resources within the clinics and hospital. Our volunteers play a vital role in the day-to-day activities at the Duke Cancer Center.

**Additional programs**

**Duke MyChart**

The online medical record system allows you to request appointments, check lab results and more. Visit our convenient and secure website, dukemychart.org:

- View your lab and radiology reports and other health information (including notes from your doctor, if applicable)
- Communicate with your provider
- Request appointments
- Request medication refills

To start using MyChart services, visit dukemychart.org and follow the instructions to sign up. You can also add a loved one or a caregiver to your account so he or she is able to view your lab reports, request appointments and use other MyChart features. If you have questions about MyChart or need assistance setting up an account, contact the Duke Health Customer Service Center at 800.782.6945.

**Keep in touch with CarePages**

As part of our commitment to patient-centered care, at Duke Health we offer an online tool to help patients connect with their support systems back home. CarePages are free Web pages that patients can create to communicate with loved ones throughout their experience at Duke University Hospital, Duke Raleigh Hospital or Duke Regional Hospital.

CarePages can help patients:

- Journal their hospital stay
- Post messages and photos for family and friends
- Receive words of encouragement
- Update loved ones all at once, reducing the need for multiple phone calls
- Connect with other patients facing similar challenges

Your CarePage is private and fully secure. Only those to whom you have given a password can visit your page. To create a CarePage or learn more about it, visit carepages.com/dukehealth.

**Duke Cancer Institute Office of Development**

Many of our patients and their families want to know what they can do to help make a difference in the lives of others battling cancer. The DCI Development office helps to foster working partnerships between our patients and our scientists, who are on the frontlines of cancer research. Philanthropic support from patients and their loved ones enables us to advance new models of patient-centered care; to prepare the next generation of compassionate and innovative cancer doctors and researchers; and to continue to bring novel, improved treatments to patients at Duke and beyond. Ultimately, patient support accelerates our quest to cure cancer. There are many ways to support the Duke Cancer Institute and its efforts. To learn more or to make a donation, contact the DCI Office of Development at 919.385.3120 or visit dukecancerinstitute.org/donors.

**American Cancer Society Road to Recovery program**

The Road to Recovery program is a free service that matches Durham County and Wake County patients who need transportation with local volunteers willing to drive them to oncology appointments at the Duke Cancer Center or Duke Regional Hospital. Cancer patients needing transportation to their appointment or who would like more information about the program can call 800-ACS-2345.

**Additional resources**

**Cancer patient triage service – 919.668.6608**

The Duke Cancer Center offers an oncology telephone triage service. The service provides efficient access to care, connecting patients to health professionals best able to address their specific needs. Calls are routed based on need. Patients can select from six options, including scheduling an appointment, billing inquiry, prior authorizations and other paperwork needs, prescription refills, test results, and nurse advice. The oncology triage telephone service is available Monday through Friday, from 8 a.m. to 5 p.m. To access the phone service, please call 919.668.6608.

**Personalized Exercise Consultations**

The Supportive Care and Survivorship Center offers personalized exercise consultations by exercise physiologists and certified trainers. For more information or to schedule an appointment, call 919.684.5955.
Frequently asked questions

What should I bring to my appointment?

- Completed medical questionnaires
- All medications and supplements (in original containers)
- Any medical records that may need to be reviewed
- Photo ID
- Insurance cards
- This reference guide

Where should I park?

See the “Directions, parking and maps” information provided in this packet on page 13. Additional resources are available at dukehealth.org.

What can I expect when I visit?

At the Duke Cancer Institute we are dedicated to a multidisciplinary approach to cancer care. Our goal is to streamline your care. In a single visit, depending on your diagnosis, you may see a variety of specialists, including your medical oncologist, surgeon, radiation oncologist and geneticist. In many instances you will also meet with a nurse, a pharmacist and a social worker.

Your new patient appointment may begin with a nurse, nurse practitioner or physician assistant. At that time, your healthcare provider will review and discuss with you your health history. He or she may ask additional questions to establish a complete overview of your diagnosis and treatment history.

The Duke Cancer Institute transforms cancer care through integration of innovative research and world class education. We are devoted to the mentoring of future healthcare providers. Therefore, at times you may be seen by a medical resident or fellow pursuing specialty training in healthcare. Both work closely with your oncology specialist and are vital members of your health care team.

After meeting with your health care team, you will be seen by a cancer specialist who will discuss with you in detail treatment options and next steps.

On subsequent visits, your medication and symptoms will be reviewed by a nurse. You will then see either your cancer specialist or the nurse practitioner or physician assistant who works with your cancer specialist. Our physician assistants and nurse practitioners are experienced in caring for cancer patients and they are experts in symptom management.

The Duke Cancer Center offers disease-site nursing, which means you have nurses who are focused on your particular cancer. At each appointment you will see the same nursing team. This approach gives you a consistent point of contact for questions and concerns that arise outside of the clinic.

Required lab tests or imaging studies may increase the length of your visit, so we encourage you to make any necessary childcare or pet care arrangements. You are encouraged to bring a sweater or light jacket, reading material, a laptop or mobile device and power cords. Free wireless Internet service is provided throughout the Cancer Center.

What do I need to know about clinical trials offered at Duke?

Our experts across all specialties participate in national clinical trials and perform the most advanced treatment methods using the latest technology available today. As a result, we offer a broad selection of medical, surgical and minimally invasive options to our patients, including some who are not considered candidates for treatment elsewhere. A cancer clinical trial is a research study in which patients participate as volunteers to test leading-edge therapies, including new drugs, new approaches to surgery or radiation therapy, new combinations of treatments, devices or gene therapy. The Duke Cancer Institute is committed to offering you the most advanced care possible. We offer hundreds of clinical trials for the treatment and prevention of many forms of cancer. Some of these trials are available only at the Duke Cancer Institute. For a complete list of active clinical trials, visit dukehealth.org.

What should I know about insurance and my bill?

We will process claims for services with your insurance carriers. You may be asked to pay, at the time of your visit, amounts not covered by your insurance, such as co-pays, deductibles and coinsurance. Duke participates with most insurance companies, Medicare and North Carolina Medicaid. Prior to your visit, check with your employer or insurance company to see if you have access to healthcare services at Duke. Otherwise, you may be responsible for all or a large portion of your bill.

Bring your complete health insurance information, including identification, insurance cards and authorization forms.

Co-payments for physician and hospital care and other balances you may owe are due on the day you receive services. Your insurance may also require you to pay...
for estimated coinsurance or deductibles related to your care. If you have multiple appointments, your insurance company may require multiple co-payments.

Duke is committed to providing care with dignity and respect. If you have questions or cannot pay your bill in full, please tell us and let us help. Our account representatives and financial care counselors, located on every floor of the cancer center, will assist you with filling out applications for monthly payment plans, financial assistance programs and government-sponsored programs.

Who do I call with questions about billing or insurance before or after my visit?
If you have any questions about your co-payments, deductibles or coinsurance requirements, please call your insurance company. If you have questions about your bill or would like to speak with someone about financial assistance, contact the Duke Health Customer Service Center at 800.782.6945.

Who do I contact about my experience at the Duke Cancer Center?
Our goal is to provide you with high-quality care and an outstanding patient experience. To help serve you better and to identify opportunities for improvement, we depend on the feedback of our patients. About two weeks after your appointment you may receive in the mail a patient satisfaction survey. Please take a few moments to complete the survey and return it in the postage-paid envelope provided. If your feedback is urgent or if you wish to speak with someone, please contact our patient advocates at 919.681.2020.

Medical question?
Need to speak with a nurse?
Call our oncology triage line at 919.668.6608.
(Details on Page 7.)
The Duke Cancer Center is approximately 16 miles from the Raleigh-Durham International airport (RDU). Taxis, shuttles and public transportation are available at the airport. Some hotels also offer transportation assistance.

The following hotels are located near the Duke Cancer Center in Durham. Information is provided as a courtesy and is not representative of all area lodging options. When making reservations, be sure to ask about shuttle services and a medical room rate. Many local hotels offer discounts to patients receiving care at the Duke Cancer Center. Duke Concierge Services partners with select hotels and inns to secure special medical rates. *To secure a Duke Concierge Services medical rate, patients and their families must call Duke Concierge Services at 919.681.4947. Rates subject to change.

For additional lodging options, visit dukemedicine.org/lodging.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Distance from Duke Cancer Center</th>
</tr>
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<tbody>
<tr>
<td>Cambria Hotels &amp; Suite</td>
<td>2306 Elba Street, Durham, NC 27705</td>
<td>919.286.3111 / 800.716.6401</td>
<td>(.3 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Comfort Inn University Durham Chapel Hill</td>
<td>3508 Mount Moriah Road, Durham, NC 27707</td>
<td>844.838.7875</td>
<td>(6.9 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Courtyard by Marriott</td>
<td>1815 Front Street, Durham, NC 27707</td>
<td>919.309.1500</td>
<td>(2.8 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Duke Tower All-Condominium Hotel</td>
<td>807 West Trinity Avenue, Durham, NC 27701</td>
<td>919.687.444 / 866.385.3869</td>
<td>(2.4 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Durham Marriott City Center</td>
<td>201 Foster Street, Durham, NC 27701</td>
<td>919.768.6000 / 800.909.8375</td>
<td>(2.3 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Extended Stay America</td>
<td>1920 Ivy Creek Boulevard, Durham, NC 27707</td>
<td>919.402.1700</td>
<td>(4.41 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Holiday Inn Express</td>
<td>2516 Guess Road, Durham, NC 27705</td>
<td>919.313.3244</td>
<td>(2.7 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Hilton Garden Inn</td>
<td>2102 West Main Street, Durham, NC 27705</td>
<td>919.286.0774</td>
<td>(1 mile from Duke Cancer Center)</td>
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<tr>
<td>Homewood Suites</td>
<td>3600 Mt. Moriah Road, Durham, NC 27707</td>
<td>919.401.0610</td>
<td>(6.4 miles from Duke Cancer Institute)</td>
</tr>
<tr>
<td>Millennium Hotel Durham</td>
<td>2800 Campus Walk Avenue, Durham, NC 27705</td>
<td>919.383.8575</td>
<td>(1.4 miles from Duke Cancer Center)</td>
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<tr>
<td>Quality Inn &amp; Suites</td>
<td>3710 Hillsborough Road, Durham, NC 27705</td>
<td>919.382.3388</td>
<td>(1.4 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>JB Duke Hotel</td>
<td>230 Science Drive, Durham, NC 27708</td>
<td>919.660.6400 / 844.490.7100</td>
<td>(1.8 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Staybridge Suites</td>
<td>3704 Mount Moriah Road, Durham, NC 27707</td>
<td>919.401.9800</td>
<td>(5 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>University Inn</td>
<td>502 Elf Street, Durham, NC 27705</td>
<td>800.313.3585</td>
<td>(4 miles from Duke Cancer Center)</td>
</tr>
<tr>
<td>Washington Duke Inn &amp; Golf Club</td>
<td>3001 Cameron Boulevard, Durham, NC 27705</td>
<td>919.490.0999 / 800.443.3853</td>
<td>(1.9 miles from Duke Cancer Center)</td>
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Long-term lodging

Patients visiting Duke for an extended period of time may choose to stay at one of the following locations:

**Caring House**
Caring House offers comfortable and affordable housing for adults receiving outpatient treatment at the Duke Cancer Institute and their caregivers. Rooms are $35 per night and are available for long- and short-term stays. A referral from a clinical social worker or patient resource manager is needed for first-time guests. For more information call 919.490.5449 or visit caringhouse.org.

**Other long-term lodging**

**Ronald McDonald House** provides temporary housing for pediatric patients and their families. A referral from a clinical social worker or patient resource manager is needed for first-time guests. For more information, call 919.286.9305.

**The Host Homes program** is sponsored by Duke Patient Information Services and can assist with lodging in private homes. A nominal need-based fee is charged for this lodging. For more information, please call 919.681.4588.

Concierge services

Designed to serve patients and their families, Duke Concierge Services provides guidance for lodging, dining, personal services, entertainment, sporting events and more. Duke Concierge Services has partnered with several local hotels to provide patients and their families with concierge rates. To secure a concierge rate or for more information, call 919.581.4947.

Patient advocates

The Department of Patient and Visitor Relations assists patients and their families. As advocates for you and your family, patient representatives can listen to and follow up on your concerns, answer questions or direct your request to the appropriate hospital department and arrange for special services or direct you to resources in the community. For more information, call 919.681.2020.

For more information

Families and visitors can find additional information about patient services, resources and support at dukehealth.org. For more information about the City of Durham, visit the Durham Convention and Visitors Bureau at durham-nc.com.
Directions, Parking & Maps

From Richmond and points north

- From I-85, take Exit 174B—Hillandale Road. Turn left onto Hillandale Road.
- Drive 1.5 miles south and continue without turning as Hillandale Road becomes Fulton Street.
- Turn left onto Erwin Road.
- Turn right onto Trent Drive. You will see signs referencing Zone 8.
- Trent Drive becomes Duke Medicine Circle. The Duke Cancer Center is located at 20 Duke Medicine Circle.
- The Duke Medicine Circle parking garage is located at 302 Trent Drive, about 1/10 mile after you make the turn onto Trent Drive.

From RDU Airport, Raleigh, and points east

- From I-40, take Exit 279B—NC 147 North.
- From NC 147, take Exit 15A—Elba Street/Trent Drive.
- At the top of the ramp, turn left onto Trent Drive. You will see signs referencing Zone 8.
- Trent Drive becomes Duke Medicine Circle. The Duke Cancer Center is located at 20 Duke Medicine Circle.
- The Duke Medicine Circle parking garage is located at 302 Trent Drive, about 1/10 mile after you make the turn onto Trent Drive.

From Fayetteville and points south

- From I-95 N, take Exit 81—1-40 W toward Raleigh.
- Take Exit 279B to merge onto NC 147 N toward Durham.
- From NC 147, take Exit 15A for Elba Street/Trent Drive.
- At the top of the ramp, turn left onto Trent Drive. You will see signs referencing Zone 8.
- Trent Drive becomes Duke Medicine Circle. The Duke Cancer Center is located at 20 Duke Medicine Circle.
- The Duke Medicine Circle parking garage is located at 302 Trent Drive, about 1/10 mile after you make the turn onto Trent Drive.

From Greensboro and points west

- From I-85, take Exit 172—NC 147 South.
- From NC 147, take Exit 15B—Fulton Street. Turn right onto Fulton Street.
- Turn left onto Erwin Road.
- Turn right onto Trent Drive. You will see signs referencing Zone 8.
- Trent Drive becomes Duke Medicine Circle. The Duke Cancer Center is located at 20 Duke Medicine Circle.
- The Duke Medicine Circle parking garage is located at 302 Trent Drive, about 1/10 mile after you make the turn onto Trent Drive.
Parking & transportation

Parking is available in the Duke Medicine Circle parking garage, located at 302 Trent Drive. There is a $2 per hour fee or $8 per day (fee subject to change). Pre-paid discounted parking passes are available at the Belk Boutique, located in the cancer center.

A courtesy shuttle is available free of charge for patients and visitors. The white shuttle van picks up passengers at Level 1 of the Duke Medicine Parking Garage on Trent Drive, just outside the elevator lobby near a tall “Courtesy Shuttle” sign located outside on the sidewalk. The shuttle makes stops at the Cancer Center, Morris Building and Duke Clinic. After appointments, patients and visitors can catch the shuttle at drop-off locations for transport back to the parking garage. The van runs regularly every 5 to 8 minutes throughout the day, Monday through Friday, beginning at 6:30 a.m. and ending at 6 p.m.

For $9 (fee subject to change), valet parking is available at the main entrance of the Duke Cancer Center. Attendants will provide you with a claim check and then park your car in the parking garage. This service accepts cash only.

Wheelchairs and assistance are available in the Duke Cancer Center.

As you calculate your travel time, please include extra time to park your car, find the clinic and register.

Please see map at left.
Connections Count

At Duke we are moving further, faster and with greater purpose. By doing so, we exponentially increase the probability of advances to transform cancer prevention and care. To help keep cancer research moving forward, Duke Cancer Institute partners with many local and national health charities. We also team with passionate individuals who, by uniting their passions with their commitment to help fund a cure, organize their own special events to benefit ongoing science at Duke. We invite you to team up with Duke to change the rules on cancer.

BLUM Multiple Myeloma 5K
Organized by cancer survivor Scott Blum and his family, the annual BLUM 5K takes place in March at Bond Park in Cary, North Carolina. To date the event has raised more than $72,000 for multiple myeloma research at Duke. For more information, visit blum5krace.com.

CRUSH Colorectal 5K And Fun Run
Hosted by the Multidisciplinary Gastrointestinal Oncology Program, the CRUSH 5K is usually held in March on Ninth Street in Durham, North Carolina. In 2017 the event attracted more than 1,000 participants and raised a record $102,000. To learn more, visit dukeCRC5K.org.

Spring For Support 5K and Fun Walk
Spring For Support benefits the Cancer Patient Support Program at Duke Cancer Institute. The annual event is hosted at Duke’s East Campus and is usually hosted in late March or early April. In 2017 Spring For Support raised a record $35,000 to benefit vital programs and services offered by Duke Cancer Institute. For more information, visit springforsupport5k.org.

Angels Among Us 5K and Family Fun Run
In its 24-year history Angels Among Us has raised more than $22 million to support scientific research at The Preston Robert Tisch Brain Tumor Center. In 2017 the 5K raised $2.1 million. The event, attracting participants from across the nation, is hosted annually in April at the Duke Medical Center Campus in Durham, North Carolina. To run with angels, visit angelsamongus.org.

Susan G. Komen Triangle Race For The Cure
Duke Cancer Institute has partnered with Komen for more than a decade, serving as the event’s local presenting sponsor. In 2017 Komen funded more than $6 million in breast cancer research grants at Duke. Duke Cancer Institute organizes several teams each year, including Team Duke Cancer Institute and Team Duke Women’s Cancer Care Raleigh. Race For The Cure, which raises about $700,000 annually, is held in early May at the Frontier at Research Triangle Park. Learn more at nctc.ifo-komen.org.

Strike Out For Sarcoma 5K And Family Fun Walk
The annual Strike Out For Sarcoma 5K, organized by Duke’s Departments of Radiation Oncology and Pharmacology and Cancer Biology, is usually held in September at the Durham Athletic Park in Durham, North Carolina. Funds raised benefit the Duke Multidisciplinary Sarcoma Research Program. For more information, visit strikeoutforsarcoma.org.

Gail Parkins Memorial Ovarian Cancer Walk And 5K Run
This event, organized by Melanie Bacheler in memory of her mother, Gail Parkins, is held each year in September at Sanderson High School in Raleigh, North Carolina. The Gail Parkins Memorial Ovarian Cancer Walk, which raised $245,000 in 2016, benefits ovarian cancer research at Duke. To get involved or for more information, visit ovarianawareness.org.

Making Strides Against Breast Cancer
Hosted by the American Cancer Society (ACS), Duke Cancer Institute serves as local presenting sponsor of its annual Making Strides Against Breast Cancer walk, which is held in October at North Hills Mall in Raleigh, North Carolina. The event raises more than $300,000 each year. The American Cancer Society is currently providing more than $9 million in active cancer research grants at Duke. The society also supports Duke patients through its Road To Recovery and lodging programs. Duke Cancer Institute hosts multiple teams, including Team Duke Cancer Institute and Team Duke Women’s Cancer Care Raleigh. To join one of our teams or for more information, visit americancancersociety.org.

Light The Night Walk
Each year The Leukemia and Lymphoma Society (LLS) organizes Light The Night, an event raising funds to support ongoing science and support services. Held in October at the Cary Booth Amphitheatre in Cary, North Carolina, the walk, which in 2016 raised more than $700,000, begins at dusk. Duke Cancer Institute partners with LLS by hosting the ever-popular Glam Station featuring makeovers, salon services and much more. To learn more, visit lightthenight.org/north-carolina.

For more information on events, contact Erin Tait at 919.385.3126.
Duke Law School Provides Free Legal Services for Duke Cancer Patients

Having a serious medical diagnosis is stressful enough without having to worry about legal concerns. Duke Law School offers free legal assistance to help you deal with legal issues that may accompany your medical diagnosis and treatment. Free legal services through the Office of Public Interest and Pro Bono are available to Duke Cancer Institute patients from 10 a.m. to 12 noon and 1 p.m. to 3 p.m. on the first and third Friday of the month.

Legal Documents

It's recommended that everyone have certain legal documents in place. Volunteer law students from the Cancer Pro Bono Project prepare these documents for Duke Cancer Institute patients, at no cost. Student volunteers, supervised by licensed attorneys, are on-site at the Duke Cancer Center two Fridays each month.

Health Care Power of Attorney: Use this document to name the person or persons who will make medical decisions for you if you are not able to make them yourself.

Living Will: If you have wishes about end of life care, this is a document you should have in place.

General Power of Attorney: You can use a power of attorney to appoint someone you trust to handle your financial and business affairs when you are unable.
Law students from Duke Law’s Health Justice Clinic handle other civil legal matters for patients who can’t afford an attorney. Some of the legal issues we handle include:

- Wills
- Social Security Disability, Medicaid, and other government benefits
- Insurance issues
- Family & Medical Leave
- Employment discrimination based on medical condition
- Privacy
- Future guardianship for minor children

About our work

- You will meet privately with a law student. We keep your personal information strictly confidential.
- All student work is supervised by a licensed attorney.
- All services are free of charge.
- Students prepare your healthcare power of attorney, living will, and power of attorney on-site, in one session. If you need help with other legal issues, we will schedule a separate appointment.
- You must be a resident of North Carolina to receive our services.

To schedule an appointment at the Duke Cancer Center for one of the two available days each month, please call 919.613.7169. Should you need to meet sooner, please indicate when you call. For other legal issues, we’ll call you back and let you know if we can assist with your legal matter.

For more information on the Duke Cancer Institute and its comprehensive cancer center and programs, visit dukemedicine.org/treatments/cancer.
Open doors and open hearts

Established in 1992 by six philanthropic women, Caring House is a home away from home for adults receiving outpatient treatment at the Duke Cancer Institute. Caring House, a non-profit organization, offers comfortable, supportive and affordable housing for Duke cancer patients and their accompanying caregivers.

Caring House features 18 private rooms. Each room is suitable for a patient and one or two caregivers; each with its own bathroom, cable TV, DVD player, telephone, wireless access, linens, and cleaning supplies and equipment. A large, fully-equipped kitchen is shared by guests and their families. In addition to our 18 bedrooms, Caring House has a newly renovated three bedroom apartment serving Adult Bone Marrow Transplant patients and their caregivers.

Caring House has a great room where guests can interact with one another and form a community of support. The great room features a stereo, television, and a DVD player. The great room is host to a baby grand piano.

Along with books and DVDs, computers with Internet access are available in the library. Our laundry room offers three washers, three dryers, laundry detergent, irons and ironing boards.

A screened porch with chairs looks out to a beautiful water garden stocked with colorful koi. Other outdoor spaces include a patio, courtyard, and a healing garden.

Caring House offers many programs and activities such as massages, art therapy, and music. These programs provide a diversion from concerns and worries about health issues, and facilitate reduced anxiety and feelings of well-being.

Caring House is located just 2.5 from miles Duke Cancer Institute. Duke University Health System offers free daily shuttle service to and from Duke Cancer Institute. There is a $35 per room per night fee. Lower rates are available for qualifying guests. For more information, visit caringhouse.org.

“Caring House is a beacon. You get the chance to meet people who are going through the same thing and lift each other up. It’s different than a hotel. It’s a home away from home.”
Max Floyd
Be our guest

Caring House guests are referred to us by a Duke social worker or patient resource manager. Caring House guests must be 18 years or older, actively receiving cancer treatment at the Duke Cancer Center, and be able to care for themselves or be accompanied by a caregiver. Referrals are placed on a first-come, first-served basis. Check-in is after 1pm. Medical care is not provided at Caring House.

Our story

More than 30 years ago six friends, united by their love for community and commitment to Duke cancer care, recognized the need for affordable housing for patients undergoing outpatient cancer treatment at Duke. Over the next eight years the women raised almost $2 million to begin building what would be Caring House, a place that decreases the financial, emotional, and mental strain of extended medical stay.

Friends of Caring House, a group of passionate supporters, was established to help bring the women’s vision to life. In 1992, the first guests checked into Caring House. Caring House is a non-profit 501(c)(3) organization. Caring House is governed by a board of directors made up of business, academic, community and medical leaders. Caring House relies on the generosity of private donors, businesses and foundations. Guest payments account for 16 percent of Caring House’s annual operating costs. Another 64 percent comes through the support of caring individuals, corporations and foundations, and the remaining 20 percent comes from the annual endowment. For more information on giving or volunteering, visit caringhouse.org.
At Duke Cancer Institute, our mission is to transform cancer care by harnessing the power of the world’s best cancer researchers and physicians, so that we able to provide the most advanced treatments possible to those who need them urgently.

When our world-class cancer research programs join with our innovative and compassionate care providers, the result is awe-inspiring and hope-filled. Patients at Duke Cancer Institute see an entire team of highly specialized doctors and caregivers at one time and in one place, so that their treatment is as efficient and effective as possible. At DCI we are treating a person, not just a disease.

Our mission depends on you. Your support gives patients and their families hope both right now and in the future. It allows us to make breakthrough discoveries in cancer research and treatment and accelerate the time it takes to translate these discoveries from the laboratory to patients’ bedsides. Every contribution makes a tremendous impact on the lives of cancer patients at Duke and around the world!

This is cancer care as it should be, and the success of our mission depends on your support.

Stephanie Lipscomb was diagnosed in 2011 with stage 4 glioblastoma, an incurable brain cancer. In 2012 Stephanie enrolled in a clinical trial to receive a re-engineered poliovirus, an experimental therapy that until then had never been tried on humans. Stephanie, now 26, has been in remission since, going on to pursue a career in nursing. She is pictured with her boyfriend, Matthew Hopper. Photo: Jared Lazarus
There are many ways to give back. Find the way that is most meaningful to you!

Donate

All donations to Duke Cancer Institute can be made to any of the cancer disease areas, so that you can support groundbreaking research and exceptional patient care for the type of cancer that matters most to you. Your support will advance medical research, innovations and programs that assist cancer patients and their families. Your gift provides DCI at-the-ready resources and fuels our most important work.

Tribute and Memorial Giving

At Duke, we think anyone who is committed to fighting cancer every day should be honored. Whether it is your doctor, your nurse, a family member, or a dear friend, making a gift to Duke Cancer Institute in their honor, or in memory of a loved one, is a great way show that you are grateful for the work they do and honors their legacy. A memorial gift is a special way to honor someone’s life while ensuring that others in our community have access to compassionate care and support when it is needed most.

Host or Participate in an Event

Every year, we host a number of events to increase awareness and support for Duke Cancer Institute. Doctors, patients and members of the community get their families and friends together to run a race or play a round of golf, all while sponsoring cancer research and treatment. Our various events support different areas of cancer research, so find the one that is most meaningful to you!

Gifts to Duke Cancer Institute can be made:

- **Online** at gifts.duke.edu/dci
- **By phone** at 919.385.3129
- **By mail:**
  Duke Cancer Institute
  Office of Development
  710 W. Main Street, Suite. 200
  Durham, NC 27701

Our development office is happy to assist you with finding the most meaningful way for you to donate to the fight against cancer. Please feel free to contact us at any point with questions. For more information, please call 919.385.0039 or email dcidevelopment@duke.edu.
Cancer survivor Stephen Albright, 21, a student-athlete at the University of North Carolina, poses with medical oncologists Daniel George, MD, and Michael Harrison, MD. Albright, a former safety on the college football team, was diagnosed with testicular cancer as a freshman. After his diagnosis and initial surgery, Albright chose Duke Cancer Institute for his care since his grandfather had in years past been treated for prostate cancer by George.
BELK BOUTIQUE

At the Duke Cancer Institute, we treat your whole person, body and mind—not just your cancer. We’re here to help you with the visible side-effects of cancer. The Belk Boutique, located on the ground floor of the Duke Cancer Center, offers trendy wigs styled in the latest fashions, chic head wraps, turbans, scarves and hats, cosmetics and other accessories to help enhance a patient’s self-image during cancer treatment. The boutique offers private consultation rooms for fitting wigs, prosthetic devices and surgical garments.

For more information, call 919.613.1906.