At A Glance

**Total Screened:** 207
- Lincoln: 100
- Duke: 107

**Prostate Cancer**
- **PSA Tests:** 138
  - Normal range: 124
  - Abnormal range: 14

**DRE Tests:** 104
- Normal: 100
- Abnormal: 4

**Skin Cancer**
- Screened: 129
  - Normal: 123
  - Abnormal: 6

**Signs of Diabetes on the Skin Screening**
- Screened: 123
  - Normal: 112
  - Abnormal: 11

---

**Men’s Health Screening & Awareness 2023**

On Saturday, June 3rd and Sunday, June 4th, the Duke Cancer Institute’s Community Outreach, Engagement, and Equity program, Duke Primary Care- Croasdaile, and local federally qualified health center (FQHC) Lincoln Community Health Center hosted their annual men’s health screening event- “Get in the Game: Know Your Scores”. This free event is a collaborative effort to boost awareness of, and screening for, prostate, skin, colon, and lung cancers as well as promote education about chronic health conditions such as hypertension, diabetes, and HIV/Hepatitis C. Community partners shared materials on tobacco cessation and tips to encourage healthy lifestyle behaviors related to diet and exercise. Participants that attended the event were connected to medical homes, additional patient navigation services, and health education resources.

---

**Men’s Health Screening Attendance over the Years**

*Due to the COVID-19 pandemic, the Men’s Health Screening event was not held in 2020 or 2021. The Men’s Health Screening event returned in 2022.*
Colon Cancer
Received FIT Kits: 118
❖ Return Rate: 53%
❖ Referred for Colonoscopy: 7

Quit at Duke
# Seen: 32
# Scheduled: 3
# Provided Research Study Information: 1

Lung Cancer Risk Assessments
# Assessed: 9
❖ Low Risk: 3
❖ Intermediate Risk: 2
❖ High Risk: 4
❖ Referred for Low-Dose CT Scan: 4

Blood Pressure
Screened: 137
❖ Normal: 19
❖ Elevated: 15
❖ High Blood Pressure (Stage 1 & 2): 101
❖ Hypertensive Crisis: 2
*Categories represent blood pressure ranges outlined by the American Heart Association.

2023 Attendee Demographic Characteristics

<table>
<thead>
<tr>
<th>Age (Mean Age= 52 years old, Min= 24, Max= 84)</th>
<th>N=207</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>20-29 yrs old</td>
<td>7</td>
<td>3%</td>
</tr>
<tr>
<td>30-39 yrs old</td>
<td>14</td>
<td>7%</td>
</tr>
<tr>
<td>40-49 yrs old</td>
<td>55</td>
<td>27%</td>
</tr>
<tr>
<td>50-59 yrs old</td>
<td>66</td>
<td>32%</td>
</tr>
<tr>
<td>60-69 yrs old</td>
<td>10</td>
<td>49%</td>
</tr>
<tr>
<td>70-79 yrs old</td>
<td>10</td>
<td>5%</td>
</tr>
<tr>
<td>80-89 yrs old</td>
<td>2</td>
<td>1%</td>
</tr>
<tr>
<td>Missing</td>
<td>13</td>
<td>6%</td>
</tr>
</tbody>
</table>

Race (%)
Black or African American                     | 91   | 44%|
White                                          | 19   | 9%|
Asian                                          | 7    | 3%|
American Indian or Alaska Native              | 2    | 1%|
Other                                          | 12   | 6%|
Missing *Please note, the majority of men indicated ethnicity. | 76   | 37%|

Ethnicity (%)
Hispanic or Latino                             | 85   | 41%|
Not Hispanic or Latino                         | 55   | 27%|
Missing *Please note, the majority of men indicated race. | 59   | 27%|

County (%)
Durham                                         | 83   | 40%|
Wake                                           | 54   | 26%|
Granville/Vance                                | 12   | 6%|
Orange                                         | 11   | 5%|
Harnett/Lee                                    | 9    | 4%|
Other*                                         | 23   | 11%|
Missing                                       | 15   | 7%|

Where do you go to visit the doctor? (%)
Duke Health                                    | 28   | 14%|
Lincoln Community Health Center                | 27   | 13%|
Other                                          | 61   | 30%|
Nowhere, I need a primary care provider         | 69   | 33%|
Missing                                       | 22   | 11%|
Diabetes
 ADA Assessments: 180
❖ 0-4 = 61
❖ >5  = 115

HgbA1C Tests: 140
❖ Normal (≤ 5.6) = 63
❖ Prediabetes (5.7 to 6.4) = 55
❖ Diabetes (≥ 6.5) = 22
Range: 4.5 – 13.4

Nutrition & Exercise
# Educated: 40
# Need Follow-Up: 19

Duke Well
# Referrals: 51

HIV and Hepatitis C Screened: 64
Lincoln Only:
❖ # Tested: 64
❖ HIV Positive: 0
❖ Hep C Positive: 0

Learn More

Men’s Health Screening
https://www.supportdukehealth.org/site/TR?sid=13436pg=informational&fr_id=1920
Phone: 919.684.0409

Acknowledgements:
It takes a community to host a successful Men’s Health Screening- we appreciate your support! We would like to thank the Duke Cancer Institute’s Community Advisory Council Members, Radio One and La Ley radio stations, Men’s Health Council of Durham County, Kappa Alpha Psi Fraternity, Inc., Omega Psi Phi Fraternity, Inc., Phi Beta Sigma Fraternity, Inc., Central Carolina Black Nurses Council, Duke Physician Assistant Students, and our other outstanding partner organizations across North Carolina.
We would like to extend a special thank you to Dr. Pao-Hwa Lin and Ms. Ping Zhang for translating the patient materials and advertisements in Mandarin.

Site Sponsors:
❖ Lincoln Community Health Center
❖ Duke Primary Care-Croasdaile

Partners:
❖ North Carolina Department of Health and Human Services
❖ Durham County Department of Public Health
❖ Lung Cancer Initiative of North Carolina
❖ DukeWell
❖ Duke Urology
❖ Duke Dermatology
❖ Duke Gastroenterology
❖ Duke Health System Laboratories
❖ Duke Endocrinology and Metabolism

Friends of the Office of Health Equity: Bayer, Pfizer, and The Leukemia & Lymphoma Society

SAVE THE DATE: 2024 Men’s Health Screening Dates!!
- Lincoln Community Health Center: Saturday, June 1, 2024
  8:00am-12:00pm
- Duke Primary Care Croasdaile: Sunday, June 2, 2024
  12:00pm-4:00pm

ADDITIONAL CANCER PREVENTION AND SCREENING RESOURCES:
Shining a Light on Cancer Prevention and Screenings: Conversations with Our Community & Duke Experts

❖ A Candid Conversation with Black Men About Prostate Health
❖ Barber Shop Talk: Everything You Wanted to Know about Prostate Cancer Prevention, Early Detection, and Treatment:
  https://www.youtube.com/watch?v=-UQh2-6XOD8
❖ Find your Home: The Importance of Primary Care in Early Cancer Detection: https://www.youtube.com/watch?v=OJJ519RIhgs