

2023 Men's Health Screening Report



On Saturday, June 3rd and Sunday, June 4th, the Duke Cancer Institute's Community Outreach, Engagement, and Equity program, Duke Primary Care - Croasdaile, and local federally qualified health center (FQHC) Lincoln Community Health Center hosted their annual men's health screening event - "Get in the Game: Know Your Scores". This free event is a collaborative effort to boost awareness of, and screening for, prostate, skin, colon, and lung cancers as well as promote

education about chronic health conditions such as hypertension, diabetes, and HIV/Hepatitis C. Community partners shared materials on tobacco cessation and tips to encourage healthy lifestyle behaviors related to diet and exercise. Participants that attended the event were connected to medical homes, additional patient navigation services, and health education resources.

Save the Date: 2024 Men's Health Screening Dates

Lincoln Community Health Center

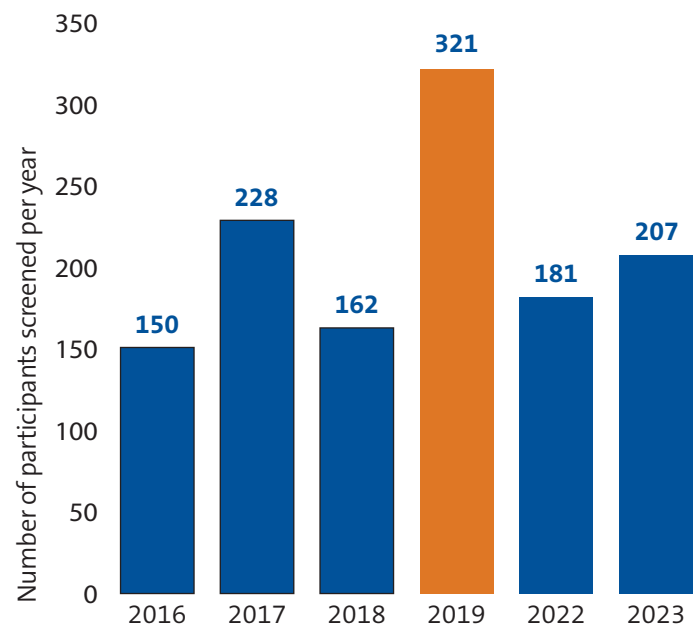
Saturday, June 1, 2024
8 a.m. - 12 p.m.

Duke Primary Care Croasdaile

Sunday, June 2, 2024
12 p.m. - 4 p.m.

Screening Yearly Attendance

Duke Cancer Institute Men's Health Screening, RedCap Datasource (N=1249)



Due to the COVID-19 pandemic, the Men's Health Screening event was not held in 2020 or 2021.



Duke Cancer Institute

Office of Health Equity

2023 Men's Health Screening At a Glance

Total Screened: 207 | Lincoln: 100 | Duke: 107

Prostate Cancer

PSA Tests: 138
Normal Range: 124
Abnormal Range: 14

DRE Tests: 104
Normal: 100
Abnormal: 4

Skin Cancer

Screened: 129
Normal: 123
Abnormal: 4

Colon Cancer

Received FIT Kits: 118
Return Rate: 53%
Colonoscopy Referral: 7

Lung Cancer Risk Assessment

Assessed: 9
Low Risk: 3
Intermediate Risk: 2
High Risk: 4
Referred for Low-Dose CT Scan: 4

Quit at Duke

Seen: 32
Scheduled: 3
Provided Research Study Information: 1



Diabetes Skin Screening

Screened: 123
Normal: 112
Abnormal: 11

Diabetes

ADA Assessments: 180
0-4 = 61
≥5 = 115

HgbA1C Tests: 140
Normal (≤ 5.6) = 63
Prediabetes (5.7 to 6.4) = 55
Diabetes (≥ 6.5) = 22
Range: 4.5 – 13.4

Blood Pressure*

Screened: 137
Normal: 19
Elevated: 15
High Blood Pressure (Stage 1 & 2): 101
Hypertensive Crisis: 2



HIV and Hepatitis C

Screened: 64
(Lincoln Only)
HIV Positive: 0
Hep C Positive: 0

Nutrition & Exercise

Educated: 40
Need Follow-Up: 19

Duke Well

Referrals: 51

For more information on the Men's Health Screening Event and more general information about screening and awareness, please call 919-684-0409.

*Categories represent blood pressure ranges outlined by the American Heart Association.

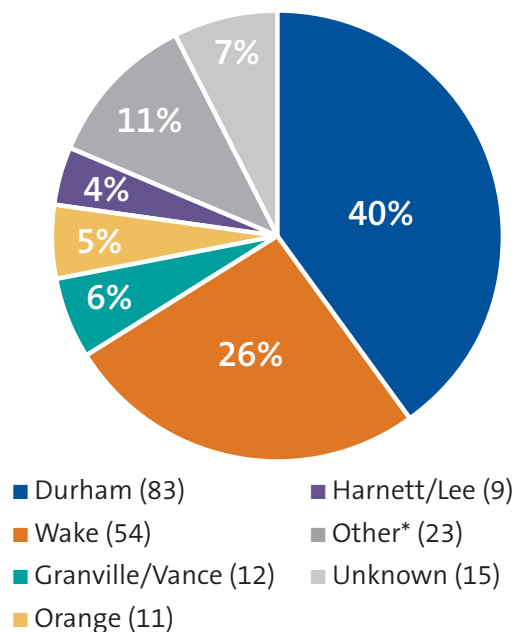
2023 Participant Demographics

Age (Mean Age= 52 yrs old, Min= 24, Max= 84)	Number (N= 207)	%
20-29 yrs old	7	3%
30-39 yrs old	14	7%
40-49 yrs old	55	27%
50-59 yrs old	66	32%
60-69 yrs old	10	19%
70-79 yrs old	10	5%
80-89 yrs old	2	1%
Unknown	13	6%

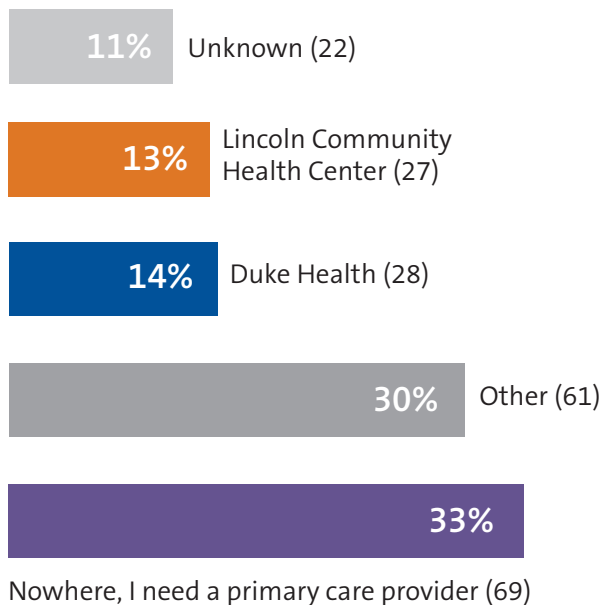
Race		
Black or African American	91	44%
White	19	9%
Asian	7	3%
American Indian or Alaska Native	2	1%
Other	12	6%
Unknown*	76	37%

Ethnicity		
Hispanic or Latino	85	41%
Not Hispanic or Latino	55	27%
Unknown*	59	32%

Where Participants Lived



Where Participants Go for Routine Care



*These participants indicated only Race or Ethnicity.

Acknowledgements

It takes a community to host a successful Men's Health Screening- we appreciate your support! We would like to thank the Duke Cancer Institute's Community Advisory Council Members, Radio One and La Ley radio stations, Men's Health Council of Durham County, Kappa Alpha Psi Fraternity, Inc., Omega Psi Phi Fraternity, Inc., Phi Beta Sigma Fraternity, Inc., Central Carolina Black Nurses Council, Duke Physician Assistant Students, and our other outstanding partner organizations across North Carolina.

We would like to extend a special thank you to Dr. Pao-Hwa Lin and Ms. Ping Zhang for translating the patient materials and advertisements in Mandarin.

Site Sponsors:

- Lincoln Community Health Center
- Duke Primary Care-Croasdaile

Partners:

- North Carolina Department of Health and Human Services
- Durham County Department of Public Health
- Lung Cancer Initiative of North Carolina
- DukeWell
- Duke Urology
- Duke Dermatology
- Duke Gastroenterology
- Duke Health System Laboratories
- Duke Endocrinology and Metabolism

Friends of the Office of Health Equity:

- Bayer
- Pfizer
- The Leukemia & Lymphoma Society



Office of Health Equity

Additional Cancer prevention and Screening Resources:

[A Candid Conversation with Black Men About Prostate Health](#)

[Barber Shop Talk: Everything You Wanted to Know about Prostate Cancer Prevention, Early Detection, and Treatment](#)

['It's very important': Duke Cancer Center in Durham offers free health screenings \(ABC11\)](#)

For more information on screening and awareness, scan QR code or call 919-684-0409.



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